

FACULTY DEVELOPMENT PLAN 2017

Assistant Teaching Professor College of Nursing

1. Overview

Blueprint for developing my vision and goals to optimize my contribution to Brigham Young University. This is an initial self-assessment of my strengths, skills, and interests that I can contribute to the College of Nursing; as well as an in-depth look at areas for personal improvement with accompanying goals in the areas of teaching, citizenship, and contribution to the discipline.

First, I recognize my employment at BYU is a blessing with countless opportunities for the future; because of this great prospect, I now have the charge to influence the next generation of nurses. I hope to instill in them my love for learning, serving others, and most importantly developing their testimonies of the restored gospel of Jesus Christ.

1.1 Strengths, skills, competencies

I believe I have been blessed with many attributes and talents that will be helpful as I develop my skills as an educator and that will sustain me as I embark on my journey of becoming a full professor. I believe one of my greatest attributes is that of persistence, I do not quit and will continue to push myself to become better. Another skill I believe that will be greatly enhancing to educating nurses is my past and current experience as a registered nurse and currently as a nurse practitioner, this work experience has driven me to stay current in practice trends and treatments, which I can then use to enhance my teaching. In regards to students, I love seeing students understand new concepts and to succeed in their own right, I find that truly rewarding. Finally, I believe the greatest attribute that I bring to the college of nursing is my testimony of the restored gospel of Jesus Christ, and I hope to continue to exemplify that testimony in my teaching as well as letting others grow their personal testimonies from the fire of my own.

1.2 Areas to develop

Here at BYU I am surrounded by exceptional educators and healthcare professionals, watching them has been humbling. In observing them I have noted many areas where I can improve myself, as a person, a nurse practitioner, and an educator. I hope to use these positive examples as role models to develop those attributes in myself. In regards to teaching, I would like to better organize my subject matter so assignments, readings, and clinical activities all work together to improve learning outcomes for my students.

In regards to contribution to the discipline (this is an area where I feel weak), based upon my limited contribution over the past decade while working in private practice. I hope to find my niche so I can contribute in a meaningful way of both furthering the education of nurses and the prestige of BYU.

The final area I would like to discuss, is how I want to become more positive in my "self-talk." I believe that if you can keep a positive mental outlook, you are able to carry your abilities so much further. Negative thoughts can easily enter the mind and discourage a person from achieving their end goals. I

have seen both sides of mental outlook and its end products, and I hope to continue to develop my ability to maintain a positive outlook and dialogue in my head.

In the sections that follow, I will outline specific goals and plans to improve in the areas of teaching, citizenship, and contribution to the discipline.

2. Teaching

2.1 Self-Assessment

One of the reasons I decided to teach at BYU was the opportunity to create a large footprint of influence. I truly want to make a difference, a lasting change for generations to come. I have a strong desire to see my students succeed. To make that possible I know I will have to push myself to improve each year by studying concepts, reviewing evaluations, and maintaining the spirit in my own life to aid in my teaching.

I want to stay current in my skills by continuing to work as a nurse practitioner, I know the importance of understanding what I am teaching, and drawing upon personal experiences to help explain concepts and make them easier to retain. In addition, by maintaining my practice skills it allows me to see current trends in nursing so I can utilize them in my teaching and clinical experiences.

I also want to maintain an approachable attitude where students can easily ask questions and will in turn challenge themselves to become better. Having been a student recently, I know that willingness to take a risk comes only when you know your instructor cares about you and your success.

2.2 Professional Goals

My goals for 2017 include:

- Read one book this year regarding teaching (currently reading, What the Best College Teachers Do)
- Attend boot camp for nurse educators conference (July 2017; Albuquerque, NM)
- Review BYU's mission statement frequently
- Find new ways to share my testimony and encourage the development of gospel topics in class discussion.
- Improve feedback on my teaching by working with Center for Teaching and Learning, and adding mid-course evaluations.

3. Citizenship

3.1 Self-Assessment

Citizenship is the attribute that allows me to measure my character of service to the greater community. I believe I have been blessed in many ways and because of those opportunities; I need to find ways to help others succeed. I have a strong desire to serve and hope to be a positive contributor to the committees and teaching teams that I work with. By making that positive contribution we can further the University and each other.

3.2 Professional Goals

My goals for 2017 include:

- Play an active role in the College of Nursing by attending all meetings, and where applicable provide feedback and suggestions. Final goal is to understand the College of Nursing dynamics so I can actively contribute to projects and curriculum.
- Be available to students to aid in their growth and be a positive influence on them.
- Continue to work on my college committees and make positive contributions

4. Contribution to the Discipline

4.1 Self-Assessment

This aspect of academia is what has most concerned me as I have transitioned from the role of a clinician to a professor. As a nurse practitioner for the past 6 years, I have been more concerned with patient outcomes, and providing high quality, cost effective care; now I get to add the focus of contributing in a meaningful way to the profession of nursing.

I have reflected upon how I can best contribute to the profession of nursing. As a faculty member on the professional tract, I believe the best way to contribute to my profession is by increasing educational opportunities for nursing students and nurse practitioners. With my background in ear, nose, and throat/head & neck surgery, I plan on publishing articles in nursing journals and hope to present at nursing conferences related to my clinical experience.

One aspect that has made me very excited throughout this transition is my love for learning. How great is it to have a profession that encourages me to continue to improve and better myself while making an impact to those around me! I recognize I have many weaknesses in this area, but because of those many areas to improve I know I can only get better in this area.

Professional Goals

My goals for 2017 include:

- Send inquiry to JNP about proposed topic ideas (PFAPA)
 - Suitable topic? Or other journal needs related to ENT/H&N surgery?
- Offer myself as a possible article reviewer for JNP in regards to specialty.
- Set aside time each month to review NP journals for ideas/example of research/contribution to the discipline.

Resources Needed

- Support from colleagues with similar research interests
- Opportunities and funding to attend nursing conferences
 - To get an idea of what/how topics are being presented